

Aikido Nelson – Little Samurai & AikiKids Syllabus

July 2018

Grade	Belt	Minimum Requirement	Ukemi	Dojo Etiquette	Tai Sabaki	Techniques	Age when starting with 5
Little Samurai Ages 5-7 Semi 13 th Kyu	1 Stripe	+ 1 Term		Two dojo rules When & how to bow Clean Feet Address Sensei	Migi Hanmi Hidari Hanmi Irimi Tenkai (=Kaiten)	Seiza / Keiza	5.25
13 th Kyu	2 Stripes	10 classes + 1 Term	Mae Ukemi (from sitting)	+ Five Japanese words	+ Okuri Ashi + Tsugi Ashi + Irimi Tenkan	+ Kosa-dori Ikkyo (Omote)	5.5
Semi 12 th Kyu	3 Stripes	10 classes + 1 Term	+ Ushiro Ukemi (from sitting)	+ what & how to clean + where to get & put away tools	+ Shikko Mae	+ Ryote-dori-Kokyu-Ho	5.75
12 th Kyu	4 Stripes	10 classes + 1 Term	+ soft fall roll	+ Belt Tying	+ Tenkan	+ Tai-no-henko	6
Semi 11 th Kyu	5 Stripes	10 classes + 1 Term	+ Tobu Ukemi (over someone)	+ Help someone else tie their belt	+ Shikko Ushiro	+ katame on own hand: Kotegaeshi	6.25
11 th Kyu	6 Stripes	10 classes + 1 Term	+ Ushiro Ukemi > wave or jump	+ Warm ups	+ Shikko Irimi Tenkan Kaiten	+ katame on own hand: Sankyo	6.5
Semi 10 th Kyu	Yellow	10 classes + 2 Terms	Syllabus on white background above			+ Kosa-dori Ikkyo (Ura)	7
Beginners Ages 8 10 th Kyu	Yellow + Orange Tip	+ 2 Terms	+ Shikko Ushiro		+ Ikkyo Undo (= Kiriage Kirisage)	+ Kosa-dori Irimi-nage	7.5
Beginners Ages 10 Semi 9 th Kyu	Orange	+ 2 Terms	+ Mae & Ushiro Ukemi (from standing)		+ Tenkan	+ Sumi-otoshi (Omote)	8
9 th Kyu	Orange + Red Tip	10 classes + 2 Terms			+ Funakogi Undo	+ Katate-dori Shiho-nage (Ura)	8.5
Semi 8 th Kyu	Red	10 classes + 2 Terms <small>resp. 1 Term for ages 11 and above from here on</small>	+ Mae-to-Ushiro		+ Hantai Tenkan (=Tenshin)	+ Katate-dori Shiho-nage (Omote & Ura)	9

8 th Kyu	Red + Green Tip	10 classes + 2 Terms			+ Shomen-uchi Ikkyo (Omote & Ura)	9.5
Semi 7 th Kyu	Green	15 classes + 2 Terms	+ Yoko-mae Ukemi	Test as required	+ Shomen-uchi Iriminage	10
7 th Kyu	Green + Blue Tip	15 classes + 2 Terms		Test as required	+ Kosa-dori Nikkyo (Omote & Ura)	10.5
Semi 6 th Kyu	Blue	15 classes + 2 Terms	+ Tobu Ukemi (from Sumi-otoshi only)	Test as required	+ Katate-dori Jiyu (Ukemi only) + Ken Suburi 1 and 2	11
6 th Kyu	Blue + Purple Tip	15 classes + 2 Terms	+ Softfall Rolls	Test as required	+ Koshi-Nage (loading) + Ken Suburi 3 and 4	11.5
Semi 5 th Kyu	Purple	20 classes + 2 Terms	+ Soft Falls	Test as required	+ Katate-dori Kotegaeshi (Omote) + Ken Suburi 5 and 6	12
5 th Kyu	Purple + 1 white stripe Purple	20 classes + 2 Terms	Tested as required	Test as required	+ Ryote-dori Tenchinage (Omote) + Ken Suburi 7 + Jo Suburi 1-5	12.5
Semi 4 th Kyu	Purple + 2 white stripes	These grades are available but children will usually turned 13 by now and encouraged to do adult gradings.	Tested as required	Test as required	+ Katate-dori Jiyu (Waza only) + Jo Suburi 6-10	13 >> go for adult 6 th Kyu
4 th Kyu	Purple + 3 white stripes		Tested as required	Test as required	+ Katate-dori Kote-gaeshi (Ura) + Jo Suburi 11-15	
Semi 3 rd Kyu	Brown		Tested as required	Test as required	+ Ryote-dori Tenchi-nage (Ura) + Jo Suburi 16-20	
3 rd Kyu	S Brown + 1 white stripe		Tested as required	Test as required	+ Yokomen-uchi Shiho-nage (Ura) + Jo Nage (2)	
Semi 2 nd Kyu	Brown + 2 white stripes		Tested as required	Test as required	+ Yokomen-uchi-Ikkyo + Ken Nage (2)	
2 nd Kyu	Brown + 3 white stripes		Tested as required	Test as required	+ Shomen-uchi Nikkyo + Kumi Jo 1	
Semi 1 st Kyu	White belt		Tested as required	Test as required	+ Shomen-uchi Sankyo (Omote) + Kumi Tachi 1	
1 st Kyu	White belt		Tested as required	Test as required	+ Shomen-uchi Sankyo (Ura) + Ki-mu-subi-no-tachi	